

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

### PLEASE REVIEW IT CAREFULLY.

In this notice we use the terms "the Clinic," "we," "us," and "our" to describe Su Clinica (SC). All references to written requests should be addressed to:

Su Clinica Medical Records Department Attention: Privacy Officer 1706 Treasure Hills Blvd. Harlingen, TX 78550

### I. WHAT IS "PROTECTED HEALTH INFORMATION?"

Your protected health information (PHI) in either electronic or paper format, is health information that contains identifiers, such as your name, Social Security number, or other information that reveals who you are. For example, your medical record is PHI because it includes your name and other identifiers.

## II. ABOUT OUR RESPONSIBILITY TO PROTECT YOUR PHI

By law, we must:

- 1) Protect the privacy of your PHI,
- 2) Tell you about your rights and our legal duties with respect to your PHI,
- 3) Tell you about our privacy practices and follow our notice currently in effect.
- Notify affected individuals following a breach of unsecured PHI.

We take these responsibilities seriously and, we will continue to take appropriate steps to safeguard the privacy of your PHI.

In the course of providing health care, we collect various types of PHI from patients and other sources, including other health care providers. The medical information may be used, for example, to provide health care services, evaluate benefits and claims, administer health care coverage, measure performance (utilization review), detect fraud and abuse, review the competence or qualifications of health care professionals, and fulfill legal and regulatory requirements. The types of PHI that we collect and maintain about patients include, for example:

- Hospital, medical, mental health and substance abuse patient records, laboratory results, x-ray reports, pharmacy records, and appointment records.
- Information from patients obtained for example; through surveys, applications and other forms, and online communications;
- Information about your relationships with the Clinic such as: medical services received, claims history, and information from your benefits plan sponsor or employer about group health coverage you may have.

### III. YOUR RIGHTS REGARDING YOUR PHI

This section tells you about your rights regarding your PHI – for example, your medical and billing records. It also describes how you can exercise these rights.

## Your right to see and receive copies of your PHI

In general, you have a right to see and receive copies of your PHI in designated record sets such as your medical record or billing records. If you would like to see or receive a copy of such a record, please make the request in writing.

Within 15 days after we receive your written request for records that are on site, we will notify you when and how you can see or obtain a copy of your record. If you agree, we will give you a summary or explanation of your PHI instead of providing copies. We may charge you a fee for the copies, summary, or explanation. If we don't have the record you asked for but we know who does, we will tell you who to contact to request it.

In limited situations, we may deny some or all of your request to see or receive copies of your records, but if we do, we will tell you why in writing and explain your right, if any, to have the denial reviewed.

### Your right to choose how we send PHI to you

You may ask us to send your PHI to you at a different address (for example, your work address) or by different means (for example, electronically). If the cost of meeting your request involves more than a reasonable additional amount, we are permitted to charge you our costs that exceed that amount.

## Your right to correct or update your PHI

If you believe there is a mistake in your PHI or that important information is missing, you may request that we correct or add to the record. In writing, please tell us

what you are asking for and why we should make the correction or addition. We will respond in writing after receiving your request. If we approve your request, we will make the correction or addition to your PHI. If we deny your request, we will tell you why and explain your right to file a written statement of disagreement. Your statement must be limited to 250 words for each item in your record that you believe is incorrect or incomplete. You must clearly tell us in writing if you want us to include your statement in future disclosures we make of that part of your record. We reserve the right to include a summary instead of your statement.

### Your right to an accounting of disclosures of PHI

You may request in writing a list of our disclosures of your PHI that occurred after April 14<sup>th</sup>, 2003. The list must include a time period no longer than 6 years and may not include dates before April 14<sup>th</sup>, 2003.

You are entitled to one disclosure accounting in any 12-month period at no charge. If you request any additional accountings less than 12 months later, a fee will be charged.

An accounting does not include certain disclosures – example, disclosures in order to provide treatment, payment, and health care operations; disclosures that occurred prior to April 14, 2003; disclosures for which we had a signed authorization; disclosures of your PHI to you; disclosure notifications for disaster relief purposes; or disclosures to persons involved in your care and persons acting on your behalf.

# Your right to request limits or restrictions on uses and disclosures of your PHI

You may request in writing that we limit use and disclosure of your PHI for treatment, payment, and health care operations purposes. We will review and consider your request.

You also can request a restriction or limitation on the health information we disclose about you to someone who is involved in your care or the payment for your care like a family member or friend. For example, you could ask that we not use or disclose information about a surgery you had.

# Your right to restrict disclosures for Services Paid by you in Full

You have the right to restrict the disclosure of your health information to a health plan if the health care services for which you paid in full directly to the Center and the disclosure is not otherwise required by law.

### **Your right to Notice of Breach**

You have the right to be notified if we or one of our Business Associates becomes aware of an improper disclosure of your health information.

## Your right to Obtain a Paper Copy of this Notice

You have the right to receive a paper copy of this Notice upon request in a language understood by the recipient. You may request a copy of this Notice at any time. Even if you have agreed to receive this Notice electronically, you are still entitled to a paper copy of this Notice.

### IV. SU CLINICA

Our health care delivery sites include: Harlingen, Brownsville, Raymondville and Santa Rosa. To provide you with health care treatment, pay for your care, and conduct our operations, these sites may share your PHI with each other.

Our personnel may have access to your PHI either as employees, physicians, professional staff members of the Clinic and others authorized to enter information in a SC medical record, such as volunteers, or persons working with us in other capacities.

### V. HOW WE CAN USE AND DISCLOSE YOUR PHI

Your confidentiality is important to us. Our physicians and employees are required to maintain the confidentiality of the PHI of our patients, and we have policies and procedures and other safeguards to help protect your PHI from improper use and disclosure. As allowed by law we may use and disclose certain PHI without your written permission.

How much PHI is used or disclosed without your written permission will vary depending, on the intended purpose of the disclosure. Sometimes we may only need to use or disclose a limited amount of PHI, such as to send you an appointment reminder. At other times, we may need to use or disclose more PHI, such as when we are providing medical treatment.

Treatment: This is the most important use and disclosure of your PHI. Our physicians, nurses, and other health care personnel, including trainees, involved in your care, use and disclose your PHI to diagnose your condition and evaluate your health care needs. Our personnel will use and disclose your PHI in order to provide and coordinate the care and services you need: for example, prescriptions, x-rays, and lab work. If you need care from health

- care providers outside of SC personnel to assist with your health care needs, we may disclose your PHI to them.
- Treatment alternatives and health-related benefits and services: In some instances, the law permits us to contact you: 1) to describe the extent to which we offer and pay for various products and services; 2) for your treatment; 3) for case management and care coordination; or 4) to direct or recommend available treatment options, therapies, health care providers, or care settings. For example, we may tell you about a new drug, a procedure or about educational or health management activities.
- Payment: Your PHI may be needed to determine our responsibility to pay for, or to permit us to bill and collect payment for, treatment and health-related services that you receive. For example, we may have an obligation to pay for health care you receive from an outside provider. When you or the provider send us the bill for health care services, we use and disclose your PHI to determine how much, if any, of the bill we are responsible for paying.
- Health care operations: We may use and disclose your PHI for certain health care operations – for example, quality assessment and improvement, training and evaluation of health care professionals, licensing, and accreditation.
- Business associates: We may contract with business associates to perform certain functions or activities on our behalf. These business associates must agree to safeguard your PHI.
- Appointment reminders: Your PHI allows us to contact you about appointments for treatment or other health care you may need.
- Specific types of PHI: There are stricter requirements for use and disclosure of some types of PHI – for example, mental health and drug and alcohol abuse patient information and HIV tests, and genetic testing information. However, there are still circumstances in which these types of information may be used or disclosed without your authorization.
- Communications with family and others when you are present: Sometimes a family member or other person involved in your care will be present when we are discussing your PHI with you. If you object, please tell us and we will not discuss your PHI or we will ask the person to leave.
- Family, friends, or other individuals involved in your care or payment for your care: We may disclose your PHI to assist in notifying a family member, your personal representative, or another individual involved in or responsible for your health care about your location at the Clinic, your general

- condition, or in the event of an emergency. We may also disclose information to someone who helps arrange for payment for your care. If you are able and available you will have the opportunity to agree or object prior to these disclosures. We may disclose information even over your objection if we believe it is necessary to respond to a disaster or emergency situation.
- We will use our best judgment in any communication with your family, personal representative, and other involved individuals and limit the disclosure to information that is directly relevant to the person's involvement with your health care. For example, we may allow someone to pick up a prescription for you.
- Disclosure in case of disaster relief: We may disclose your name, city of residence, age, gender, and general condition to a public or private disaster relief organization to assist with disaster relief efforts, unless you object at the time.
- Disclosures to parents as personal representatives of minors: In most cases, we may disclose your minor child's PHI to you. In some situations, however, we are permitted or even required by law to deny you access to your minor child's PHI. An example of when we must deny such access based on type of health care is when a minor who is 12 or older seeks care for a communicable disease or condition. Another situation when we must deny access to parents is when minors have adult rights to make their own health care decisions. This includes minors who were or are married or who have a declaration of emancipation from a court.
- Patient List/Directory: We may include certain limited information about you in a Clinic list of patients while you are a patient at the Clinic, for example, a daily appointment list. This information may include your name, location and information about you in general terms that will not communicate specific health information. Unless there is a specific written request from you to the contrary, this directory information may also be released to people who ask for you by name.
- Sign-In Sheet: We may use and disclose health information about you by having you sign in when you arrive at the Clinic. We may also call out your name when you are ready to be seen.
- Appointment and Patient Recall Reminders: We may use and disclose your health information to contact you regarding appointments or other clinic matters.
- Research: Under certain circumstances, we may disclose health information about you for research purposes. For example, a research project may involve comparing the health and recovery of all

patients who received one medication to those who received another for the same condition. All research projects are subject to a special approval process. This process evaluates a proposed research project and its use of health information, trying to balance the research needs with the patients' need for privacy of their health information. Before we use or disclose health information for research, the project will require approval through the research approval process. We may also disclose health information about you to people preparing to conduct a research project, for example, to help them look for patients with specific medical needs.

- Organ donation: We may use or disclose PHI to organ-procurement organizations to assist with organ, eye, or other tissue donations.
- Public health activities: Public health activities cover many functions performed or authorized by government agencies to promote and protect the public's health and may require us to disclose your PHI.
  - For example, we may disclose your PHI as part
    of our obligation to report to public health
    authorities certain diseases, injuries, conditions,
    and vital events such as births. Sometimes we
    may disclose your PHI to someone you may
    have exposed to a communicable disease or
    who may otherwise be at risk of getting or
    spreading the disease.
  - The Food and Drug Administration (FDA) is responsible for tracking and monitoring certain medical products, such as pacemakers and hip replacements, to identify product problems and failures and injuries they may have caused. If you have received one of these products, we may use and disclose your PHI to the FDA or other authorized persons or organizations, such as the maker of the product.
  - We may use and disclose your PHI as necessary to comply with federal and state laws that govern workplace safety.
- Health oversight: As health care providers, we are subject to oversight conducted by federal and state agencies. These agencies may conduct audits of our operations and activities and in that process they may review your PHI.
- Disclosures to your employer or your employee organization: If you are enrolled in a health plan through your employer, we may share certain PHI with them without your authorization, but only when allowed by law. For example, we may disclose your PHI for a worker's compensation claim or to determine whether you are enrolled in the plan or whether premiums have been paid on your behalf. For other purposes, such as for inquiries by your

- employer or employee organization on your behalf, we will obtain your authorization when necessary under applicable law.
- Worker's Compensation: In order to comply with worker's compensation laws, we may use and disclose your PHI. For example, we may communicate your medical information regarding a work-related injury or illness to claim administrators, insurance carriers, and others responsible for evaluating your claim for worker's compensation benefits.
- Military activity and national security: We may sometimes use or disclose the PHI of armed forces personnel to the applicable military authorities when they believe it is necessary to properly carry out military missions. We may also disclose your PHI to authorized federal officials as necessary for national security and intelligence activities or for protection of the president and other government officials and dignitaries.
- Service Promotions: The Clinic may use and disclose your PHI to contact you about benefits, services, or supplies that we can offer you.
- Fundraising: We may use or disclose PHI to contact you to raise funds for our organization, but you, the patient, have the right to opt-out of such communications. If you do not want the Center to contact you for fundraising efforts, you must notify the Center's Medical Records Department in writing at the address stated in this Notice.
- Required by law: In some circumstances federal or state law requires that we disclose your PHI to others. For example, the Secretary of the Department of Health and Human Services may review our compliance efforts, which may include seeing your PHI.
- Lawsuits and other legal disputes: We may use and disclose PHI in response to a court or administrative order, a subpoena, or a discovery request. We may also use and disclose PHI to the extent permitted by law without your authorization, for example, to defend a lawsuit or arbitration.
- Law enforcement: We may disclose PHI to authorized officials for law enforcement purposes, for example, to respond to a search warrant, report a crime on our premises, or help identify or locate someone.
- Serious threat to health or safety: We may use and disclose your PHI if we believe it is necessary to avoid a serious threat to your health or safety or to someone else's.
- Abuse or neglect: By law, we may disclose PHI to the appropriate authority to report suspected child

- abuse or neglect or to identify suspected victims of abuse, neglect, or domestic violence.
- Coroners and funeral directors: We may disclose PHI to a coroner or medical examiner to permit identification of a body, determine cause of death, or for other official duties. We may also disclose PHI to funeral directors.
- **Inmates**: Under the federal law that requires us to give you this notice, inmates do not have the same rights to control their PHI as other individuals. If you are an inmate of a correctional institution or in the custody of a law enforcement official, we may disclose your PHI to the correctional institution or the law enforcement official for certain purposes, for example, to protect your health or safety or someone else's.

#### VI. ALL OTHER USES AND DISCLOSURES OF YOUR PHI **REQUIRE YOUR PRIOR WRITTEN AUTHORIZATION**

Except for those uses and disclosures described above, we will not use or disclose your PHI without your written authorization. When your authorization is required and you authorize us to use or disclose your PHI for some purpose, you may revoke that authorization by notifying us in writing at any time. Please note that the revocation will not apply to any authorized use or disclosure of your PHI that took place before we received your revocation. Special Categories of Health Information: In some circumstances, your health information may be subject to additional restrictions that may limit or preclude some uses or disclosures described in this Notice of Privacy Practices. For example, there are special restrictions on the use and/or disclosure of certain categories of health information such as: (a) AIDS treatment information and HIV tests results; (b) treatment for mental health conditions and psychotherapy notes; (c) alcohol, drug abuse and chemical dependency treatment information; and/or (d) genetic information, are all subject to special restrictions. In addition, Government health benefit programs, such as Medicare or Medicaid, may also limit the disclosure of patient information for purposes unrelated to the program. Most uses and disclosures of psychotherapy notes, uses and disclosures for marketing purposes, and disclosures that constitute a sale of PHI require your authorization.

#### VII. HOW TO CONTACT US ABOUT THIS NOTICE OR TO **COMPLAIN ABOUT OUR PRIVACY PRACTICES**

If you have any questions about this notice, or want to make a complaint about our privacy practices, please let us know by requesting to speak with our Privacy Officer at 1-956-365-6750 or using the address on page 1. You

also may notify the Secretary of the Department of Health and Human Services.

We will not take retaliatory action against you if you file a complaint about our privacy practices.

#### VIII. **CHANGES TO THIS NOTICE**

We may change this notice and our privacy practices at any time, as long as the change is consistent with state and federal law. Any revised notice will apply both to the PHI we already have about you at the time of the change, and any PHI created or received after the change takes effect. If we make an important change to our privacy practices, we will promptly change this notice. Except for changes required by law, we will not implement an important change to our privacy practices before we revise this notice. Current patients will be notified of any material changes to this notice at their next appointment and new patients will be given revised notice at registration.

#### IX. **EFFECTIVE DATE OF THIS NOTICE**

This notice is effective May 2018.

# Discrimination is Against the Law

Su Clinica complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Su Clinica does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Su Clinica:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters;
- Written information in other formats (large print, audio, accessible electronic formats, other formats). Provides free language services to people whose primary

language is not English, such as:

- Qualified interpreters;
- Information written in other languages.

# If you need these services, contact:

**Brownsville Clinic** 

Javier Vazquez, Coordinator (956) 831-8338

**Harlingen Clinic** 

Oralia Pena, Coordinator (956) 365-6750

**Raymondville Clinic** 

Christela Vento, LVN, Coordinator (956) 689-2196

### Women's Health Center

Blanca Cavazos, Coordinator (956) 365-6004

If you believe that Su Clinica has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

# Brownsville Clinic – Javier Vazquez, Coordinator <u>ivazquez@suclinica.org</u>

105 E. Alton Gloor Blvd., Brownsville, Texas 78520 (956) 350-0041 fax

# Harlingen Clinic – Oralia Pena, Coordinator opena@suclinica.org

1706 Treasure Hills Blvd., Harlingen, Texas 78550 (956) 365-6774 fax

# Raymondville Clinic - Christela Vento, LVN, Coordinator cvento@suclinica.org

131 FM 3168, Raymondville, Texas 78580 (956) 689-2426 fax

# Women's Health Center – Blanca Cavazos, Coordinator bacavazos@suclinica.org

1706 Treasure Hills Blvd., Harlingen, Texas 78550 (956) 365-6481 fax

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Su Clinica Coordinators are available to help you.

You can also file a civil rights complaint with the U.S.

# Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available

at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available

at http://www.hhs.gov/ocr/office/file/index.html

# **Language Services**

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call (888) - 752-6096.

### **Spanish:**

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-752-6096

### Vietnamese:

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-888-752-6096.

# **Chinese:**

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-752-6096

# Korean:

SC Notice of Privacy Practices 04/11, 9/13, 05/18

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-752-6096 번으로 전화해 주십시오.

### Arabic:

ملحوظـة: إذا كنـت تتحـدث اذكـر اللغـة، فـإن خـدمات المسـاعدة اللغويــة تتوافــر لــك بالمجـــان. اتصــــل

.888-752-6096 بـــرقم 1

### Urdu:

عمدد ک یخبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان ک کال نہدہ کا میں دستیاب ہیں

.888-752-6096 كـــريى 1

### **Tagalog:**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-752-6096

### French:

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le1-956-389-1273.

#### Hindi:

ध्यान दें: यदद आप दहिंदी बोलते हैं तो आपके ललए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-888-752-6096 पर कॉल करें।

### Farsi:

کنید، تسهیلات یگفتگرو میتوجه: اگر به زبان فارس یشما فراهم میبرا بصورت رایگان یزبان عزبان بگیریدد-582-888-باشد. با 1

### German:

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-888-752-6096

### **Guiarati:**

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નન:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફ્રોન કરો 1-888-752-6096.

### Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-752-6096.

### Japanese:

注意事項:日本語を話される場合、無料の言語支援をご 利用いただけます。1-888-752-6096まで、お電話にてご 連絡ください。

### Lao:

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວ ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ1-888-752-6096

### **FTCA Protection**

Su Clinica receives HHS funding and has Federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims, for itself and its covered individuals.

Version: May 2018